

SPA SERVICES

# A JOURNEY OF SERENITY AND TRADITION ZEMI THAI HOUSE SPA

#### IN THE HEART OF THAILAND...

Over 300 years ago, in the lush landscapes of Thailand, a house was born. Not just any house, but a marvel of traditional Thai craftsmanship. Constructed with the revered "Mai Sak" or Teak wood, this house stood as a testament to a time-honored building technique that eschewed nails for pure skill and precision.

#### A VOYAGE ACROSS OCEANS...

As the world turned, this house embarked on an extraordinary journey. In the early 1970s, it was lovingly dismantled, each piece tenderly numbered, and embarked on a voyage to the serene shores of Anguilla. Here, like a puzzle of history and culture, it was reassembled with painstaking care, echoing its origins from the Chiang Mai region in Northern Thailand.

#### A NEW CHAPTER BEGINS...

In 2016, a new chapter unfolded as this house transformed into the Zemi Thai House Spa, nestled within the Zemi Beach House. This transformation marked the birth of a sanctuary of wellness. The once Rice Barn, now the Juice Bar, and the ancient beams and pillars now cradle five exquisite treatment suites, a Moroccan Hammam "Maghrebi", and a realm of tranquility.

#### A HARMONIOUS CONNECTION...

At Zemi Thai House Spa, our mission transcends mere treatments. We strive to weave a tapestry of experiences that harmonize mind, body, and spirit. Our bespoke treatments are rituals of rejuvenation, designed to illuminate your inner beauty, hydrate your skin, and restore your health. We believe in creating a connection, a holistic inspiration that resonates with both our cherished guests and dedicated team members.

#### AN UNPARALLELED EXPERIENCE AWAITS...

Our menu of spa and wellness treatments is a palette of choices, customizable to your unique preferences. Our professional Asian therapists are custodians of an ancient art of healing and relaxation. They ensure your journey with us is not just memorable but transformative, melting away stress and replenishing your essence.

#### IMMERSE IN THE ESSENCE OF THAILAND...

As you step into Zemi Thai House Spa, you are "teleported" to the hilly terrains of Northern Thailand. The soothing water features of our Aty Vitality Pool are not just elements of relaxation; they are whispers of a culture rich in serenity and peace.

## A UNIQUE HARMONY IN THE CARIBBEAN...

Whether it's the gentle touch of a massage, the nurturing of a body treatment, or the delicacy of a facial ritual, Zemi Thai House Spa offers more than services; it offers an experience. A unique blend of Thai tradition and Caribbean charm, where peace and harmony are not just promised but truly experienced.

Zemi Thai House Spa is a journey. A journey that began centuries ago in Thailand and continues today in Anguilla. It's a journey of tradition, culture, and unparalleled wellness experiences. We invite you to be a part of this story, to write your own chapter of relaxation and rejuvenation, here at Zemi Thai House Spa.

## SIGNATURE BODY RITUALS

#### THE SECRETS RITUALS OF ZEMI - Embrace Bliss

80 minutes

Immerse yourself in luxury with our divine ritual. Your adventure begins with a fragrant, therapeutic bath, setting the stage for relaxation. Then, let our unique blend of soft Thai stretching, along with Polynesian

## NUAD THAI PRA-KOB - Energize Your Essence

80 minutes

\$ 250

\$ 250

Envision a sensory journey beyond massage guided by the fragrant dance of lemongrass, clove, kaffir lime, and camphor. Our herbal poultices, steeped in centuries of Thai tradition, are carefully applied to transport you to a realm of aromatic bliss. Feel the therapeutic essence seep into your skin, unlocking a world of rejuvenation.

Lomi-Lomi techniques transport you to a state of pure bliss, where every stress melts away.

## PHAI - PA BAMBOO MASSAGE- Restore & Rejuvenate

80 minutes

\$ 250

Let expert techniques and bamboo canes play a therapeutic melody on your muscles, smoothing out aches and knots for a profound sense of tranquility with gentle glide and roll, a rhythmic motion creates harmonious rhythm, easing muscle aches

## MASSAGE RITUALS

THERAPEUTIC WELL-BEING - Customized Healing

50/80 minutes \$ 180 / \$ 250

Let our therapists' intuitive touch guide a bespoke massage experience, tailored to your body's unique needs. Whether it's chronic pain or muscle fatigue, find relief and revival in their skilled hands.

## FIVE ELEMENTS - Find Your Balance

50/80 minutes

\$ 170 / \$ 240

Journey through the Five Elements with a massage that's as unique as you are. Our skilled therapists use specially formulated oils to harmonize your body and mind, leaving you feeling balanced and deeply relaxed.

## BALINESE TIMELESS - Nurture Your Soul

50/80 minutes

\$ 170 / \$ 240

Originating in the lush landscapes of Bali, this massage is a fusion of traditional healing. The symphony of techniques and the artful application of essential oils make this massage not just a treatment but it's a harmonious blend of manual aromatherapy. It's designed to promote relaxation, release fascial restrictions, and invigorate both the lymphatic system and blood flow.

## BODY TREATMENT RITUALS

POR DEE - Fit and Firm 80 minutes \$ 250

Feel the invigorating embrace of caffeine as it works well on your skin. Our therapists "activate" the areas, enhancing blood circulation and energy flow that targets cellulite-prone areas legs, stomach, hips, back, and arms. This contouring treatment is followed by a refreshing application of Algo clay for a fresh, smooth, and detoxifying finish. Embrace the sculpting journey!

## NUAD FATHOAW - Vibrant Feet Revitalizing

50 minutes \$ 180

Pamper your feet with a luxurious treatment that includes a soothing soak, scrub, wrap, and massage. It's a vacation for your feet, leaving them refreshed and revitalized.

## NUAD SRI-SA - Mindful Head & Scalp Serenity

50 minutes \$ 180

Elevate your well-being with a focus on the higher chakras. This head and scalp treatment improves circulation and leaves your hair shining with health, embodying serenity and balance.

## KAD SEE CHA WHEE WAN - Smooth and illuminate

30 minutes

\$80

Choose your path to radiant skin with our body polishing options.

Indulge in the Siam ritual of Smoothing Papaya Puree deep cleansing and delicate exfoliation, revealing a beautiful and healthy tropical-toned skin.

Refining Aromatic Scrub, an ancient remedy for tired muscles, tailored for active athletes, and those with lingering pains, this scrub offers soothing warmth and deeply relaxing aromatic blends.

## RABAY KHWAM - Cooling and Serene Ease

50 minutes

\$ 180

Immerse yourself in the moisturizing prowess of cucumber and aloe vera. This soothing blend of nature is crafted to calm sun-kissed skin, effectively reducing inflammation while providing deep hydration and nourishment. Feel the supple transformation as your skin drinks in the refreshing essence of this harmonious duo.

## FACE RITUALS

## KO BI DO SUPREME - Uplifting Luminosity & Radiate

80 minutes

\$ 280

Discover the precious art of Kobido, a Japanese facial massage. This indulgent experience unfolds with the artistry of rare oils and botanical elixirs, creating an aromatic escape that transcends time. As the gentle touch works its magic, fine lines and wrinkles gracefully vanish leaving your skin not just firm but also adorned with a dewy, luminous glow.

## ORIENTAL SKIN PERFECTION - Refine and Shine

50 minutes

\$ 160

Inspired by Balinese beauty rituals, this facial uses natural fruit acids and flower essences for a deep cleanse and radiant glow. Indulge in a personalized facial meticulously crafted to address your unique skin concerns to meet your specific needs and your radiant transformation.

#### THE UITIMATE EXPRESS - Shine in a Flash

30 minutes

\$ 80

Revitalize your skin swiftly with an express facial, a focused treatment designed to enhance skin health in minimal time featuring cleansing, exfoliation, a personalized mask, and a final touch of nourishing moisturizer.

## HAMMAM "MAGHREBI"

Immerse yourself in the enchanting Hammam "Maghrebi," a beloved Moroccan Bath tradition that goes beyond cleansing to become a cherished social ritual. In Morocco, the Hammam is a communal sanctuary where stories and warmth are shared, creating a unique bond among its visitors.

Central to the Hammam experience is the deep cleansing of the skin, achieved through the traditional use of "Beldi Black Soap" and a specialized exfoliating mitt. This process not only removes dead skin but also opens pores, enhancing the skin's ability to absorb and evenly distribute nourishing lotions and oils, leaving it revitalized and silky.

We invite you to delve into the ancient practice of Hammam detoxification. Choose from our selection of Hammam rituals, each honoring this time-honored Moroccan tradition. Allow us to guide you on a rejuvenating journey that awakens the senses and celebrates the rich Moroccan heritage.

## HAMMAM RITUALS

## TRADITIONAL HAMMAM - Authentic Cleansing

30 minutes

\$ 90

Delve into the Moroccan tradition of Hammam.

As you find comfort either seated or reclined on the warm marble of the Hammam room. Experience the ritual unfold with a luxurious full-body cleanse, followed by exfoliating massage. The journey reaches its zenith with the application of nourishing oil, leaving your skin irresistibly silky and smooth

## REJUVENATING HAMMAM AND MUD - Utmost Purification

60 minutes

\$ 170

Elevate your Hammam experience with a Rhassoul clay mask. This deep-cleansing treatment draws out impurities, leaving your skin detoxified, soft, and glowing.

## INVIGORATING HAMMAM, MUD, AND MASSAGE Optimal Culmination Detox & Relaxation

1 hour 50 minutes \$ 290

Experience the full spectrum of Hammam with an added North African massage artistry of long, sweeping strokes and rejuvenating lymphatic drainage techniques. This comprehensive ritual detoxifies, relaxes, and rebalances, offering a profound sense of well-being.

## WELLNESS ESCAPE

#### ESSENCE OF SIAM - A Haven of Serenity

1 hour 50 minutes

\$ 290

Mindfulness guided, body scrub, Nuad Thai Pra Kob Massage

Begin with cultivate emotional well-being, and a sense of inner peace through mindfulness guided meditation, followed by a Papaya Puree scrub and a traditional Thai massage. Feel the therapeutic essence of our herbal poultice seep into your skin, and leading you to a journey of tranquility and balance, enveloping you in 'Sabai' – a state of happiness and ease.

#### BALINESE BOREH SPIRIT - Healing Sanctuary

1 hour 50 minutes

\$ 290

Soft light stretching, Warm healing body scrub, Balinese Massage

Immerse yourself in the warmth of a traditional Balinese "Boreh" wrap, where ancient healing traditions converge to create a truly rejuvenating experience to relieve sore muscles, promoting deep relaxation and rejuvenation.

## BACK TO NATURE - Calmness Sense of Relaxation

1 hour 50 minutes

\$ 290

Bamboo Massage, Body Scrub

This isn't just a treatment, it's a journey that transports you to unparalleled heights of relaxation. Immerse yourself in the tranquility of our bamboo-infused bliss, and emerge with skin that's not just refreshed, but truly revitalized. Elevate your self-care routine with this luxurious experience, where every scrub and massage is crafted to indulge your senses and rejuvenate your body. Pamper yourself with the perfect blend of tranquility and revitalization

(couple) (single)

#### OCEAN OF BLISS FOR TWO - Romantic Retreat

2 hour 20 minutes

\$600/\$320

Spark your romance with our couple's spa experience "Heartfelt Getaway" where each moment is a tapestry woven with love and connection. Embark on this enchanting journey with our Five Elements Massage, a harmonious blend of touch and tranquility that sets the tone for your experience. Continue the indulgence with our facial, designed to revitalize, and surrender to the tender care as our therapists' weave a story of serenity and connection, ensuring that each moment becomes a cherished chapter in your romantic escape.

## ADD-ON SPA RITUALS JOURNEY

BLISSFUL ENHANCEMENTS - Customize Your Calm

30 minutes

\$ 80

Tailor your spa experience with focused treatments designed to target your specific needs. Choose from our selection for a personalized touch of relaxation.

## Selected treatments include

Aromatic Scrub

Lemonade Scrub

Back Massage

Scalp Massage

<sup>\*</sup>Receive any of the above Add-On Spa Rituals for only \$60 when booking any of our 50 / 80 minute treatments.

## NAILS RITUALS

CLASSIC MANICURE CLASSIC PEDICURE	50 minutes 50 minutes	\$ 60 \$ 75
Experience a complete nail care ritual that leaves your hands and feet feeling polished, and perfect.	pampered,	
GEL MANICURE - Chic and Lasting GEL PEDICURE - Chic and Lasting	50 minutes 50 minutes	\$ 100 \$ 120
Long-lasting gel polish, ensuring your nails stay flawless and stylish for up to two weeks.		
EXPRESS POLISH APPLICATION- Swift and Stylish  Perfect for those in a hurry, this quick treatment ensures your nails are beautif and polished, ready to impress.	<b>20 minutes</b> Fully shaped	\$ 35

## WAXING

WOMEN		
Eyebrow	25 minutes /	\$ 25
Upper lip	15 minutes /	\$ 15
Full face	45 minutes /	\$ 50
Under arm	25 minutes /	\$ 35
Half arm	25 minutes /	\$ 35
Full arm	35 minutes /	\$ 45
Half leg	35 minutes /	\$ 60
Full leg	50 minutes /	\$ 75
Bikini	25 minutes /	\$ 35
Brazilian	45 minutes /	\$ 80

## MEN

Shoulder & neck 35 minutes / \$ 45 Chest & stomach 45 minutes / \$ 55 Full back 50 minutes / \$ 80

## SPA ETIQUETTE

#### RESERVATIONS

For a seamless experience, we recommend reaching out to our Spa Reception team, who are dedicated to assisting you in making the perfect choice tailored to your preferences. To secure your preferred time and service, we suggest booking your spa appointments in advance. To ensure your peace of mind, all spa treatments and packages require a credit card guarantee.

#### SPECIAL CONCERNS

Your well-being is our top priority. As you consider booking your spa experience with us, please take a moment to share any health conditions, allergies, or injuries that might influence your choice of treatment. Your comfort and safety are paramount, and this information allows us to tailor our services to meet your specific needs. Rest assured, all details provided regarding your physical condition are treated with the utmost discretion and are kept strictly confidential

#### CANCELLATIONS

We understand that plans may change, and we appreciate your consideration in keeping us informed. If you need to cancel or reschedule your spa reservations, kindly notify us at least 12 hours before your scheduled appointment to avoid a cancellation charge.

For cancellations made with less than a 12-hour notice, a 50% charge will be applied. In the case of a no-show for the scheduled service, the full amount will be charged.

#### ARRIVAL TIME

To enhance your spa experience, we suggest arriving 15–20 minutes before your scheduled treatment. This allows ample time for you to change, unwind, and fully enjoy our spa facilities. Our commitment to your comfort includes providing luxurious towels, robes, slippers, and any amenities you may need during your visit.

#### LATE ARRIVAL

We value your time and want to ensure you receive the full benefits of your spa treatment. If you happen to arrive late, please be aware that your treatment may be abbreviated if it overlaps with another scheduled booking. In such cases, full charges may apply to avoid any inconvenience to other guests.

#### AGE MINIMUM

At Zemi Thai House Spa, we want to ensure a serene and safe environment for all our guests. Therefore, children below 16 years old are welcome when accompanied by a parent. They can enjoy our facilities under the supervision of an adult/parent, but please note that access to the Hammam facilities is not permitted for this age group.

#### **PRICES**

Our pricing is transparent and quoted in American Dollars. It's important to note that all treatment prices are exclusive of the 17% service charge and 13% Goods and Services Tax. Gratuities for exemplary service is at the discretion of the guest.

#### **OPENING HOURS**

Spa: 9:00am-7:00pm Rice Barn Juice Bar: 09:00am-05:00pm Tennis Court open 08:00am – 05:00pm (reservation required) Fitness Center opens 24 hours (building 2 ground floor)



For reservations please call: +1 (264) 584 0001 ext. 7086 / 7087 WhatsApp: +1 (264) 584 8905 Email: Thaihousespa@zemibeach.com